

DAPC Grants 2012 in the context of the Youth Initiative



FORM A – Project Proposal

PLEASE INSERT TEXT IN THE BOXES!

I. CONTACT INFORMATION

Name/ title of the project:

Grab your future!

Name of the youth group implementing the project:

Youth Office of City Municipality of Zvezdara

Name of the institution under which the youth group is active:

City Municipality of Zvezdara

Mailing address:

Bulevar kralja Aleksandra 77

Street address, Country:

Nerodimska 2, Belgrade, Serbia

Telephone:

+381113405 917, +381666699666

Making the world safer from drugs, crime and terrorism

Email:kzm.zvezdara@zvezdara.org.rs**Website:**www.kzm.zvezdara.rs**Page on social media:**<https://www.facebook.com/kzm.zvezdara>**Person in charge of this project**

Name: Sonja Stamenovic

Title: Head of Department of Education, Culture and Sport, City Municipality Zvezdara

Contact person for this project, who is able to speak English and knows the project

Name: Relja Dereta

Title: youth activism trainer

Email: relja.dereta@gmail.com

Telephone: +381637685407

Short description of the youth group and the institution/ organisation it belongs to (including: mission statement, main activities, structure, rough volume of financing annually, main sources of funding)

The Youth Office is a part of the administration of the City Municipality of Zvezdara, whose mission is to primarily work on the affirmation of youth, as well as its inclusion in society. Additionally, the Youth Office provides support to youth initiatives. promotes healthy life stiles, provides informal education, provide information to youth, as well as providing possibilities for quality spending of free time, promoting volunteer work and dealing with the prevention of various types of destructive behaviour in youth. Also, the Youth Office undertakes studies on the needs of youth, and according to these needs it gives concrete suggestions on how to solve certain problems or realize the suggested ideas. The Youth Office has its own offices on premises outside of the Municipality, in which they perform their activities.

In order to organize the best possible way of implementing the Local action plan, the Youth Office has been divided into 14 teams which encompass all the segments of youth life:
Culture, sport, safety, education, ecology, informing, organizing of events and manifestations, work with student parliaments, health, initiating volunteerism, social issues of youth, employment, tourism, web-design.

Some of the Youth Office's projects have been:

- "Zvezdara's Internet club" - supported by the Ministry of Youth and Sport which recognized the quality of the first project of the Zvezdara Youth Office and approved the first funds for the operating of the Office and the purchasing of the necessary technical equipment.
- "Start your own business" - in cooperation with USAID and Ministry of Youth and Sport
- "Involvement of youth in the creation of local youth offices" - in cooperation with GTC
- "Educating young leaders" - education on the topics of web design, ECDL and social skills - financed and supported by the City Administration Youth Office of Belgrade

"Education on project design" - in cooperation with the IAN International aid network
 - "autodestructive behavior in youth" - in cooperation with Novi Sad humanitarian center and citizens' association "RAFT"
 - The Youth Office took part in the job fair organized by the City Municipality of Zvezdara and the National Employment Agency
 - An educational course "Learn how to plan and lead your career" was realised in cooperation with Career Academy
 - An educational course for high school students "Financial literacy" was developed in cooperation with the City Library of Belgrade and the Project SEGA.
 - The Youth Office took an active role in the cultural youth manifestation "Zvezdarijada", organized by the City Municipality of Zvezdara.

- the Youth Office has recently started its official Facebook page - it will be further developed and marketed at the beginning of the next school year (September 2012.)

The main source of financing of the Youth Office is the budget of City Municipality of Zvezdara.

Last year's budget was 1.600.000,00 rsd (16.500 usd)

Has the youth group and/or the institution/ organisation received funding from international organisations in the last 3 years?

The youth office has realized its activities with support from partners, but did not receive actual financial support.

If yes, please provide details in the table below

Donor	Amount received in US\$	Brief description of the project

II. Description of the project

Background. Short description of the reasons why the project is needed.

The City Municipality of Zvezdara is part of the City of Belgrade, spanning over approximately 32km² with around 170,000 inhabitants. There are 9 high schools on its territory (7899 high school students, ages 15-19)

Risk factors that influence the development of delinquent behavior are present to a strong degree in the Municipality: the availability of psychoactive substances, an incomplete legal framework and its inconsistencies, attitudes which give rise to the expressing of delinquent behavior, negative effect of media on the social development of youth, extreme economic and social deprivation, problems within the family, unstimulating school programs and early and frequent asocial behavior in school and the community... According to the Ministry of Internal Affairs, **the abuse of psychoactive substances and other forms of delinquent behavior are present in youth to a large degree**, and the latest studies show that youth between ages 15-25 are the most exposed to the risk of drug and alcohol use, with the largest percent of these being the youth of Belgrade. According to ESPAD studies (http://www.espad.org/Uploads/ESPAD_reports/2011/The_2011_ESPAD_Report_FULL_2012_06-08.pdf) the youth of Serbia are most often exposed to the use of alcohol and inhalants, which is currently on the rise. This has had various negative influences on youth, including an increase in peer violence in schools.

On the other hand, **the schools and the environment surrounding the youth is not responding effectively enough to these challenges:** For instance, the annual school work plans do not have programs that support youth activism. Also, **teachers and parents**, the most important factors in the educating of youth, **are not informed enough in the programs of the community** and do not encourage or inform the youth enough to get themselves involved in these programs. Furthermore, **the youth themselves are lacking in activism, motivation and participation** in the various activities offered by the local community, mostly due to **a lack of an effective system of informing and communicating** to them the importance of these activities.

The community has a **Youth Office of the City Municipality of Zvezdara**, which is trying, through its educational, cultural and recreational programs, to offer an alternative to the delinquent behavior of youth. The goals of the programs are varied: creative spending of free time, offering possibilities to youth to be active participants in various activities and to master specific knowledge and skills necessary for active participation in society, recognizing the achievements of youth and affirming them.

As an example, there is the program **Zvezdarijada** - a festival of youth culture (www.zvezdarijada.com), in which out of 7800 youth some 400 took part (painting, literal works, music writing, stage dance, film, photography, oratory, roundtables...).

In addition, the City Municipality of Zvezdara is financing a **Center for the Prevention of Drug Addiction** (www.narkomanija.org.rs) which was established and has grown based on the experience of a group of experts, enthusiasts, who deal practically with the problems of addiction. The Center's program is based on well organized prevention, or more precisely on the removal of causes which lead the most susceptible population into addiction to psychoactive substances; it is also based on successful treatment, recovery and rehabilitation, which make possible to the ex-addict a recidive-free life.

However, not a single roundtable for youth or parents, nor any sort of education or

informing projects has been realized in the 9 mentioned high schools in the past 3 years (mostly due to inertia or the lack of recognition by schools of the benefit of such programs for youth). Everything is left to the personal initiatives of teachers.

Analyzing the visibility of the programs of the Youth Office and the Center for Prevention of Drug Addiction, it has been observed that **80% of youth has no knowledge of the existence of these institutions and the programs which they offer**. Also, the youth is very passive when it comes to looking for possibilities to get involved in extracurricular activities. Although with widespread internet access it is easier than ever to find information, the youth do not use this opportunity enough. In general, they have not heard that they can take part in free community programs (both on municipality and city level). They spend their free time in uncreative ways, are susceptible to negative peer influence and have positive attitudes towards the abuse of psychoactive substances.

Furthermore, **youth leaders**, who could be the bearers of positive changes, initiators of various programs, activists who would work on informing youth and creating a sustainable, stimulating atmosphere for the development of youth, **are not recognized**, nor are there programs to adequately train them.

To summarize, we feel that all of these issues point to a great need for a creation of an environment in which the youth will not only be well informed on the topics of drug addiction and prevention, youth activism and the various programs offered by the Youth Office and the Center for Prevention of Addiction Diseases, but also strengthened and encouraged to undertake their own projects and disseminate this knowledge to their peers. **The young people need to be strengthened to take initiative and grab their future**. Furthermore, we see as an important factor in this environment the role of parents and teachers, and we feel that they must be sensitized on these topics, in order for them to take on the role of encouraging the youth to get involved in their community.

Objective(s) of the project

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|---|
| 1. Raising awareness and participation of youth in the local community, thus contributing to their spending their free time creatively, establishing positive social relationships, gaining useful knowledge and skills and affirming themselves as active citizens. |
| 2. Raising awareness in youth on the topics of addiction diseases and prevention |
| 3. Developing activism skills and awareness in youth, through working with a group of 30 high school students in VII Belgrade high school. |
| 4. Establishing and developing a long term network of youth peer to peer education through the educating of and providing continuous support to a group of 20 high school students to become peer trainers in the areas of activism and prevention of addiction diseases. |
| 5. Raising awareness in professors and parents on the topics of activism, prevention of addiction diseases and opportunities for youth in their community, as well as helping them understand and practice their active role in these issues. |

Activities of the project, which will be implemented to achieve the objectives mentioned above. For each activity, please specify the number and kind of participants (e.g. 200 youth, 50 parents, etc.)

1. Organizing a Youth Activism Training Program in the VII Belgrade High school, for 30 participants + 5 Youth Office volunteers (4 classes per month, each lasting 1 hour , 6 months in total)

The program includes:

- **project planning techniques** - brainstorming, defining problems, goals and activities, target groups, division of activities and responsibilities, defining deadlines, SWOT analysis.
- **presentation skills** - how to structure a talk and define the core of the idea, how to use one's voice and non-verbal communication, how to establish a rapport with the audience, how to overcome stage-fright
- **leadership and team work** - how to successfully work in a team, division of responsibilities, building trust, motivating others towards action.
- **drug addiction and prevention** - what is addiction and how it reflects on the life of a person, what is prevention, risk factors / (e.g. lack of continual support – from the family/peer group/society) that contribute the development of substance abuse, practical issues (the quality of life of a substance dependent person (the ``lacks``) etc.
- **individual projects** - each program participant will work on his/her individual project, with the deadline being May 2013. The aim of these projects, apart from the change which they strive to achieve, is to develop in each participant a sense of personal initiative and responsibility for influencing their environment.
- **team projects**- the participants will be divided into groups of 3-6 members that will work together on projects which they themselves write. The aim of working on the projects, apart from the change which they strive to achieve, is to practice project planning, team work and other techniques learned on the program. Our goal is to have every participant take part in the realization of at least two team projects by the end of the program.
- **The functioning of official high school bodies, the rights and obligations of high school students** - how the school parliament, teachers' council and other formal high school bodies operate. Analysis of laws, regulations and strategies relevant to youth.

2. **Organizing a Training of Trainers for youth activism (TOT)**, with the aim of developing organizational and leadership skills for 20 high school students (2 from each high school of the Zvezdara Municipality, except the Medical high school and VII Belgrade high school, from which 3 people per school will come) + 5 Youth Office volunteers. The classes will last 2 hours, 4 times per month, from October - December 2012. and February - April 2013 (6 months in total). Apart from the themes particular to this program, the curriculum will include themes presented in the previous program (Youth Activism Training Program), covered in a broader way, with a special emphasis on the methodology of teaching and transmitting these skills, techniques and experiences to others

The program includes:

- basics of pedagogy**- how to create an educational program on the themes relevant to youth activism, understanding the personal and group dynamic of the group with which the trainer is working, defining learning outcomes, devising interesting and innovative approaches to the themes being covered with the goal of better motivating and teaching the participants.
- **leadership, responsibility and initiative** - analysis of personal and other people's motivation, the question of taking initiative and responsibility, what it means to be an active citizen, solving crises in motivation.

- **drug addiction and prevention** - what is addiction and how it reflects on the life of a person, what is prevention, risk factors / (e.g. lack of continual support – from the family/peer group/society) that contribute the development of substance abuse, practical issues (the quality of life of a substance dependent person (the ``lacks``) etc.

- **project planning techniques** - brainstorming, defining problems, goals and activities, target groups, division of activities and responsibilities, defining deadlines, SWOT analysis.

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- **Mentorship projects** - each TOT participant will have the goal of forming a team of 3-6 members (who are not TOT participants) and guiding them alone through the process of writing and realizing a project, with the deadline being May 2013.

- **Designing and organizing a seminar for high school students** - TOT participants will be divided into teams of 4-6 members, with the task of designing and organizing a seminar for high school students with the aim of teaching them about youth activism and motivating them to undertake their own projects.

- **The functioning of official high school bodies, the rights and obligations of high school students** - how the school parliament, teachers' council and other formal high school bodies operate. Analysis of laws, regulations and strategies relevant to youth.

Finally, the TOT participants will take an active role in other project activities (internet network building, communicating with school bodies etc.)

3. **Meetings with school principals.** On the first meeting, in October 2012. we will be introducing them to the project goals and activities and involving them in the implementation of the project in their schools. The principals have an important role in creating an atmosphere which encourages youth activism. In February 2013. we will have a second meeting with them, in which we will analyze the project progress and achievements. The activity coordinator is Sonja Stamenović.

4. **Establishing, running and developing a network of information** through the creation of a Facebook page for each school, as well as a central page for the project (Youth Office page), with the purpose of spreading information on community programs, and establishing communication between schools. Considering the extremely high percentage of youth who have a Facebook account, we believe that this network has great potential in creating an environment in which youth will have quick access to relevant information and will also further spread this information to their peers.

The pages will be updated at least 4 times per week, and we will continuously monitor and inform youth about the activities of the UNODC Youth Initiative, especially the information available on the Facebook page. The activity coordinators

<p>are Marijana Tadić, Tamara Matković and Bojan Simić, in cooperation with the Youth Office and Center for drug prevention. This is a continuous activity, from October 2012. to April 2013.</p>
<p>5. Organizing information and motivation corners in each high school, at least once per month, where students will receive the latest information on the various programs and opportunities available at the Youth Office, the Center for Prevention of Drug Addiction and the UNODC Youth Initiative programs. The information will be presented by their peers (The event logistics will be planned and organized by TOT participants (as part of their training program), coordinated by the Youth Office - Zoran Maksimović), ensuring that it will be communicated more effectively (peer to peer). There will be one corner organized each month, from October 2012. to April 2013.</p>
<p>6. Organizing a system of information for high school students through bulletin boards, which will be set up in each school. The bulletin boards will provide the latest information concerning programs for youth (Youth Office, the Center for Prevention of Drug Addiction and the UNODC Youth Initiative programs) and ways they can get involved, and they will be updated at least 4 times per month. The idea is to raise the visibility of such programs, especially as part of the high school experience, by having the bulletin boards established in visible places in the schools. The event logistics will be planned and organized by TOT participants (as part of their training program) coordinated by Marijana Tadić, from October 2012. to April 2013.</p>
<p>7. Organizing a roundtable on the Prevention of Drug Addiction, for parents (Municipal Council of Parents) - 50 parents are expected to attend. The goal is to inform parents of our project, as well on the topic of drug addiction. This activity will be organized by the Center for Prevention of Drug Addiction and the Youth Office, and it will be coordinated by Tamara Matković, in February 2013.</p>
<p>8. Organizing roundtables in schools on the subject of drug addiction and prevention, for high school students, in cooperation with the Center for Prevention of Drug Addiction and the Volunteering service (a minimum of 1 roundtable per school, 9 schools, 20-50 participants per school) - February-April 2013. The aim is to raise awareness in students on the topic of drug addiction and prevention. Based on the problems which are found to be the most prevalent in the target school, Experts from the Center for Prevention will prepare adequate presentations on the topics of primary prevention, secondary prevention, meeting ex-addicts etc. The event logistics will be planned and organized by TOT participants (as part of their training program), and the activity coordinator will be Relja Dereta.</p>
<p>9. Informing the Teacher council on the project. The TOT participants will take part in Teacher councils in their schools and will deliver presentations with the aim of informing teachers of the programs of the Youth Office, the Center for Prevention of Drug Addiction and the UNODC Youth Initiative, as well as the program they are currently participating in. The goal of this activity is not only to inform the teachers, but also to motivate them to spread this information to their students and encourage them to apply to some of the projects. In total 450 teachers will be present at the council meetings. The activity will be coordinated by The Youth Office, Tamara Matković, in November 2012.</p>

<p>10. Informing the Parent Council. The TOT participants will take part in Parent Councils in their schools and will deliver two presentations: the first will take place in October, with the aim of informing parents of the programs of the Youth Office, the Center for Prevention of Drug Addiction and the UNODC Youth Initiative programs, as well as the program they are currently participating in. The aim is also to encourage parents to spread this information and motivate their children (high school students) to participate in the programs. In the second presentation, in April 2003. the TOT participants will present the results of their work so far, and will show their new projects and ways in which parents can involve their children after the official completion of this program. In total 287 parents will be present at the council meetings. The activity will be coordinated by The Youth Office, Tamara Matković</p>
<p>11. Informing the School Council members (81 members) - The TOT participants will take part in School Councils in their schools and will deliver two presentations: the first will take place in October, with the aim of informing council members of the programs of the Youth Office, the Center for Prevention of Drug Addiction and the UNODC Youth Initiative programs, as well as the program they are currently participating in and ways in which the student parliament can get involved in the program. The aim is also to encourage council members to spread this information and motivate both the teachers and the students to participate in the programs. In the second presentation, in April 2003. the TOT participants will present the results of their work so far, and will show their new projects and ways in which schools can involve their students after the completion of this program. The activity will be coordinated by The Youth Office, Tamara Matković, in October 2012</p>
<p>12. Informing members of Student Parliaments - the TOT participants will take part in several sessions of Student Parliaments in all the schools (287 members in 9 high schools— each class has 2 representatives) – they will have a chance to present their program, as well as the programs offered by the Youth Office, the Center for Prevention of Drug Addiction and the UNODC Youth Initiative programs. The goal of this activity is also to encourage the parliament members to become involved in the various projects. The TOT participants will take part in at least 3 meetings in each parliament, in October 2012 and in February and April 2013. This activity is coordinated by Bojan Simić.</p>
<p>13. Creation and distribution of thematic posters on the topics of drug addiction and prevention. In cooperation with the Center for Prevention of Drug Addiction special thematic posters will be designed and posted in schools, with the aim of informing students on various issues related to drug addiction and prevention, the activities of this project related to these topics, as well as the Prevention Center's program. This will ensure a constant presence of relevant information concerning these topics, in all the schools. There will be a new series of posters published each month, in total 6 different posters (October - December 2012. February-April 2013.)</p>
<p>14. Organizing two surveys (one in October 2012, the second in May 2013.), with the aim of determining how informed the students are concerning the programs and opportunities in the Zvezdara municipality, before and after the project. The surveys will cover all the schools, and will strive to include a broad sample of students. The coordinators for this activity are Tamara Matković, Bojan Simić and Marijana Tadić.</p>
<p>15. Project Coordination - Coordinating and monitoring of activities, facilitating communication between project team members, communication with project partners (institutions, schools), gathering reports. October 2012-June 2013. The official project coordinator is Zoran Maksimović</p>

16. **Project Evaluation** - analysis of the reports, project and survey results, drafting of a final report, June 2013 - the evaluation will be written by Relja Dereta and Zoran Maksimović

Number and characteristics of the DIRECT beneficiaries of the project

30 students (and 5 members of the Youth Office) taking part in the Youth Activism Training Program will learn how to plan and undertake projects and advocate their rights and needs in the relevant school bodies. These are 1st, 2nd and 3rd year students, who will continue to work on projects in their school after the official completion of the program.

20 students (and 5 members of the Youth Office) taking part in the Training of Trainers will learn how to plan and undertake projects, as well as how to further disseminate their knowledge and experience (peer education). These are 2nd and 3rd year high school students, meaning they will stay in their schools for at least one year after the completion of the project, to continue their activism and share their experiences, skills and knowledge with their peers.

In the roundtables on drug prevention we expect between **180-450 students** (9 roundtables, 20-50 students per event) who will gain a deeper understanding on the topic **450 teachers and 287 parents** will have a raised awareness of the programs and opportunities available to the youth of Zvezdara, and they will be motivated to improve their own extra-curricular activities, in cooperation with the Youth Office and Center for Drug Prevention.

Number and characteristics of INDIRECT beneficiaries of the project

7800 high school students, ages 15-19, **as well as their parents**, are all potential beneficiaries of the project activities (getting involved in projects and activities of the Youth office, TOT students and School of activism students...).

Short description of how the project has been planned, including the role of youth in this planning phase

The project was planned in meetings with volunteers of the Youth Office and high school students, in cooperation with the Department of Social Affairs. The Youth Office volunteers and high school students gave valuable insight on the issues and circumstances in schools, as well as direct feedback about our ideas on how to tackle these issues. The high school students gave comments and suggestions on every part of the project - whether our approach is an effective and adequate one for high school students.

Short description of how the activities of the projects will be organised and implemented, including the role of youth in this implementation phase

The **highschool students** who will take part in the in the **Training of trainers (TOT)** will have an active role in practically all the other activities. The TOT participants will:

- organize various small projects with the Office for Prevention
- organize roundtables and public debates on subjects of drug prevention and abuse and youth activism,
- organize information corners in their highschoools (at least once per month),
- create and moderate Facebook pages in order to provide information to other students,
- present the project in the Parents' Council and the Teachers' council,

- present the project in the Student parliaments and strive to involve its members into the project activities
- create and implement their projects which will have the goal of informing students on the topics of drug addiction and prevention, youth activism and other relevant themes.

Furthermore, **high school students** who will take part in the **Youth Activism Training Program** in the VII Belgrade High school will organize various projects in their own school, as well as assist the TOT participants in their activities wherever there is an opportunity to do so.

- The **youth volunteers from the Youth Office** will help in the organizing and monitoring of all of the project activities. They will also take part in the training programs as observers, in order to further spread this knowledge to their colleagues.

Short description of how the activities of the project will be monitored and evaluated, including the role of youth in this monitoring and evaluation phase

- the students will evaluate the project activities (workshops and their own projects) every 2 months, as well as a final evaluation at the end of the program.
- the Youth Office project team will write a monthly report on the implementation of the project activities (reports from meetings, attendance data from trainings, meetings and roundtables, video and photo material from events etc.).
- there will be continuous monitoring of the available data (Facebook page and website attendance, as well as an anonymous survey on how well known and useful the information corners are)
- concerning the projects of TOT participants, a set of criteria will be defined for these projects (and presented to the students), and they will be evaluated according to this set. The criteria will include whether the project was implemented in time, whether the students have used the skills learned in the training etc.
- a final report by the Project team will be written at the end of the project, in which all the activities (especially the projects done by the TOT students) will be thoroughly evaluated, as well as a final survey on the effects of the project on the broader public (compared to an survey done at the beginning of the project).
- an analysis of the attendance of youth in the Youth Office and local community programs, compared with the previous year, will be done.
- the number of young people who establish contact the Center for Prevention of Drug Addiction will be monitored.

Sustainability of the project. How do you anticipate project activities and outcomes to be sustained after the end of the project?

The very purpose of the project is to strenghten youth to work continuously on the education for youth activism and drug prevention with their peers. After the completion of the project, the TOT students will continue to receive support from the Youth Office and will be involved in the future activities of the Youth Office. There they will be able to implement their skills and organize peer education events (seminars on youth activism and drug prevention and abuse). Furthermore, in cooperation with the Youth Office, they will define a range of activities with the focus on informing, motivating and involving youth into various programs available in the local community.

Based on cooperation during the project, we believe that the decision makers in schools, teachers and parents will recognize the Youth Office as a valuable partner in the realization of extracurricular activities and programs in the schools, which will help in creating more programs for youth in the schools in the future.

vreme trajanja radionica: oktobar- decembar 2012 februar-jun 2013 (8 meseci).

program Škole aktivizma za grupu od 15-40 srednjoškolaca sa malo i/ili bez prethodnog iskustva u omladinskom aktivizmu - jedna radionica nedeljno od 60':

- **tehnike planiranje projekata** - tehnika brainstorminga, definisanje problema, ciljeva, zadataka, ciljnih grupa, podela aktivnosti i odgovornosti, definisanje rokova, analiza okruženja.
- **prezentacijske veštine** - kako strukturirati izlaganje i utvrditi srž svoje ideje, kako koristiti svoj glas i gestikulaciju, kako ostvariti kontakt sa publikom, kako prevazići tremu
- **liderstvo i timski rad** - kako uspešno raditi u timu, podela odgovornosti, građenje poverenja, motivisanje drugih na akciju
- **individualni projekti** - svaki učesnik programa će raditi na svom individualnom projektu koji ima rok realizacije do kraja programa (jun 2013.). Cilj ovih projekata, pored promene koje treba da postignu, je razvijanje osećaja za ličnu inicijativu i odgovornost za uticanje na svoju okolinu kod svakog polaznika.
- **timski projekti** - učesnici će biti podeljeni u grupe od 3-6 ljudi, u okviru kojih će zajedno raditi na projektima koje sami osmišljavaju. Cilj rada na ovim projektima, pored promene koju treba da postignu, je vežbanje planiranja projekata, timskog rada i ostalih tehnika koje se uče na programu. Cilj je da svaki polaznik učestvuje u realizaciji najmanje dva timska projekta tokom trajanja programa (rok do juna 2013.).
- **funkcionisanje školskih tela, prava i obaveze učenika** - kako funkcionišu učenički parlament, nastavničko veće i ostala formalna tela u školi. Analiza zakona, propisa i strategija relevantnih za mlade.

program Trening za trenere (TOT) za grupu od 18 srednjoškolaca (2 učenika po školi, 9 škola opštine Zvezdara) - jednom nedeljno 90-120'

Pored zasebnih tema, program podrazumeva i teme predstavljene u prethodnom programu, obrađene na opširniji način, uz poseban akcenat na metodologiju prenošenja ovih tehnika i veština drugima.

- **osnove pedagogije** - kreiranje programa edukacije na teme relevantne za omladinski aktivizam, razumevanje ličnog i zajedničkog stanja i procesa grupe sa kojom se radi, definisanje ishoda učenja, osmišljavanje zanimljivih i inovativnih pristupa temama radi stvaranja što veće motivacije kod polaznika
- **liderstvo i inicijativa** - analiza lične i tuđe motivacije, pitanje preuzimanja inicijative, pojam aktivnog građanina, rešavanje kriza u motivaciji.
- **prezentacijske veštine** - kako strukturirati izlaganje i utvrditi srž svoje ideje, kako koristiti svoj glas i gestikulaciju, kako ostvariti kontakt sa publikom, kako prevazići tremu
- **tehnike planiranje projekata** - tehnika brainstorminga, definisanje problema, ciljeva, zadataka, ciljnih grupa, podela aktivnosti i odgovornosti, definisanje rokova, analiza okruženja.
- **liderstvo i timski rad** - kako uspešno raditi u timu, podela odgovornosti, građenje poverenja, motivisanje drugih na akciju

- **individualni projekti** - svaki učesnik programa će raditi na svom individualnom projektu koji ima rok realizacije do kraja programa (jun 2013.). Cilj ovih projekata, pored promene koje treba da postignu, je razvijanje osećaja za ličnu inicijativu i odgovornost za uticanje na svoju okolinu kod svakog polaznika.

- **timski projekti** - učesnici će biti podeljeni u grupe od 3-6 ljudi, u okviru kojih će zajedno raditi na projektima koje sami osmišljavaju. Cilj rada na ovim projektima, pored promene koju treba da postignu, je vežbanje planiranja projekata, timskog rada i ostalih tehnika koje se uče na programu. Cilj je da svaki polaznik učestvuje u realizaciji najmanje dva timska projekta tokom trajanja programa (rok do juna 2013.).

mentorski projekti - svaki polaznik TOTa ima zadatak da formira tim od 3-6 članova (koji nisu polaznici TOTa) i samostalno ih sprovede kroz proces osmišljavanja i realizacije projekta. Očekujemo najmanje jedan, a po mogućnosti dva mentorska projekta po svakom polazniku TOTa.

osmišljavanje i realizacija seminara za mlade - Polaznici TOTa će, podeljeni u grupe od 4-5 članova, imati za cilj da osmisle i sprovedu seminar za srednjoškolce koji ima za cilj da ih edukuje o omladinskom aktivizmu i motiviše da osmisle i sprovedu svoje projekte.

- **funkcionisanje školskih tela, prava i obaveze učenika** - kako funkcionišu učenički parlament, nastavničko veće i ostala formalna tela u školi. Analiza zakona, propisa i strategija relevantnih za mlade.